

Bobby Approved ALDI List 2026

Bobby Parrish's picks from his December 2025 and August 2026 ALDI videos. Prices are the latest he showed on camera and will vary by store. Not every ALDI carries every item.

Meat and seafood

- ☐ Simply Nature grass-fed ground beef, 85/15 \$5.99/lb
- ☐ Grass-fed burger patties \$5.99/lb
- ☐ Grass-fed ribeye or strip steak \$14-15/lb
- ☐ Whole organic chicken \$2.79/lb
- ☐ Simply Nature organic chicken breast \$5.79/lb
- ☐ Fresh wild Alaskan salmon \$13.99/lb
- ☐ Wild langostino tails, frozen \$13.99

Snacks

- ☐ Simms grass-fed beef sticks \$1.42/oz
- ☐ Clancy's avocado oil potato chips* \$2.99
- ☐ Simply Nature organic hummus (olive oil) \$2.59
- ☐ Fruit and nut bars: apple pie, peanut butter

Dairy and eggs

- ☐ Pasture-raised eggs, dozen \$3.55
- ☐ Irish grass-fed butter \$3.99
- ☐ Plain Greek yogurt, big tub \$6.29
- ☐ Organic cheddar slices \$2.79
- ☐ Irish grass-fed cheese \$4.59
- ☐ Australian grass-fed cheese \$3.59

Bread and pantry

- ☐ Simply Nature organic white sourdough \$4.59
- ☐ Organic sourdough boule \$3.99
- ☐ Knock Your Sprouts Off sprouted bread \$3.59
- ☐ Bronze cut organic pasta \$2.69
- ☐ Chickpea rotini (gluten free) \$2.99
- ☐ Simply Nature organic marinara \$2.19
- ☐ Sicilian extra virgin olive oil \$11.19
- ☐ Organic quinoa and brown rice packets \$1.99
- ☐ Organic chicken bone broth \$2.99
- ☐ Single-origin coffee (organic \$8.29) \$7.19

Fridge and freezer

- ☐ Simply Nature organic turkey slices \$4.79
- ☐ Grass-fed organic hot dogs \$3.99
- ☐ Organic cold brew (200 mg caffeine) \$4.99

Skip

- x Frozen "wild caught" salmon from China
- x Other ground beef (natural flavors)
- x Jasmine rice packets (sunflower oil)
- x Flavoured Greek yogurt
- x Most snack bars

Notes

* A July 2026 UC Davis study found 93% of avocado oil chips it tested contained other oils. No published result for Clancy's either way.

Anything not on this list? Scan it with Bobby's free Bobby Approved app (App Store and Google Play).

Reasons and details: betterlivingeveryday.com/best-healthy-aldi-finds · Not affiliated with Bobby Parrish or ALDI.